

WAINWRIGHT COMMUNITY CONNECTOR



AROUND OUR COMMUNITY

- **October 14 @ 6 PM:** Wainwright
Encore with Ken Lavigne
@ Wainwright Communiplex Theatre
- **October 15 @ 5:30 - 7:30 PM:** Elk's
Fall Supper
@ Wainwright Elk's Hall
- **October 21 @ 4 - 8 PM:** Grace United
Church UCW Rummage Sale
@ Grace United Church Hall (1038 - 4 Ave)
- **October 21 @ 6 PM:** Wainwright &
District Chamber of Commerce Gala
@ Wainwright Communiplex Theatre
- **October 22 @ 10 - 3 PM:** Wainwright
Stampede Farmers Market
@ Wainwright Communiplex Theatre

FCS/FRN PROGRAM DATES

- **October 1 @ 11 AM - 1 PM:**
Wainwright Family Resource
Network Open House
@ WFRN Office (902 - 5 Ave)
- **October 5 @ 7:30 - 9 PM:**
Marriage and Money with Riley
Hermanson
@ Zoom Event
- **October 12 @ 2 PM:** Savvy
Aging Series - Sensible Savings
@ Wainwright Battle River Lodge
- **October 21 @ 6:30 PM:** Mind
Magic & Mocktails with Louis
Pezzani
@ Chauvin Repsol Community Centre
- **October 26 @ 6 PM:** Savvy
Aging Series - Scam Smart
*@ Hybrid event: Join on zoom or in
person at the WDFCS Office*

*Autumn teaches us
that change can
be beautiful*

To register for any
WDFCS upcoming
events, scan the QR
code or contact us



Courtesy of Wainwright & District Family & Community Services
| October 2022 |

WAINWRIGHT COMMUNITY CONNECTOR



YOU WON'T WANT TO MISS THIS! **MIND MAGIC & MOCKTAILS** AN EVENT FOR ALL AGES!



Date: October 21, 2022
Time: Doors open at 6:30pm for mocktail refreshments, show to follow at 7pm
Location: Repsol Community Centre, Chauvin
For more information or to RSVP:
780-842-2555
Community@wainfcs.ca
https://www.canadamentalist.com/

WAINWRIGHT &
DISTRICT FAMILY &
COMMUNITY SERVICES
PRESENT AN EVENING FULL
OF FUN WITH
**Louis Pezzani
in Chauvin!**



Always have an
attitude of gratitude



JOIN US FOR
LUNCH TO LEARN...

HOW DIVORCE EFFECTS CHILDREN FRIDAY, OCTOBER 21 @ 12-1:30PM

BY ZOOM OR IN PERSON.
QUESTIONS?
CALL (780)842-2585



Wainwright & District Family & Community Services Presents:

Savvy Aging Series



We are inviting all older adults to join us for the following free event!

Sensible Savings

OCTOBER 12 @ 2PM

BATTLE RIVER LODGE (429-5 AVE)

Gain confidence in your financial well-being by learning valuable budgeting and saving tools and skills.

Brought to you by Wainwright Adult Learning in collaboration with Wainwright & District FCS, and presented by Stephanie Evans, Mortgage Specialist.



To learn more or to register for this or other upcoming events, call or email us at 780-842-2555 or community@wainfcs.ca

WAINWRIGHT COMMUNITY CONNECTOR



Hope After Loss: Audra's Legacy

A Program for grieving children and youth

A group designed to support parents and children experiencing grief and loss due to a death of a special person

Program dates (10 weeks)

February - April 2023

Ages 6-11

Cost: Free

Grief support group will cover the following:

- Death and grief and loss
- Feelings
- Memories
- Healing
- Self-care and support
- Rituals
- Special days
- Saying goodbye

One on one support available

For more information please call 780-842-2585 or 780-842-2555



Being happy never goes out of style

Wainwright & District Family & Community Services Presents:

Savvy Aging Series



We are inviting all older adults to join us for the following free event!

Scam Smart



OCTOBER 26 @ 6PM

HYBRID EVENT - JOIN THROUGH ZOOM OR AT THE WAINWRIGHT FCS OFFICE (902-5 AVE)

Enhance your fraud awareness and prevention skills and discover necessary tools to recognizing a scam.



To learn more or to register for this or other upcoming events, call or email us at 780-842-2555 or community@wainfcs.ca

NEW MOMS & DAD

SURVIVAL SERIES



6 WEEKLY SESSIONS

A group for first time moms, dads & babies 0-1 year old, focusing on building language, motor skills, good sleep schedules, taking care of yourself & MORE!

- OCT 5 - Get moving baby!
- OCT 12- Sleep routines
- OCT 19 - Get talking baby!
- OCT 26 - Social emotional
- NOV 2 - Get eating baby!
- NOV 9 - Moms well-being

11:00am
9025 ave

IN PERSON
Register at the link
or call
780-842-2585



WAINWRIGHT COMMUNITY CONNECTOR



NEED SUPPORT?

- **Alberta Crisis Supports:**
1-877-644-9992
- **Addictions Helpline:** 1-866-332-2322
- **Briteline - LGBTQ2+ Support Line:**
1-844-702-7483
- **Camrose Women's Shelter:**
1-877-622-1010
- **Childhelp - Child Abuse Helpline:**
1-800-422-443
- **Crisis Text Line:** Text CONNECT to 741741
- **Family Violence Info Line:** 310-1818
- **Indigenous Hope for Wellness Line:** 1-855-242-3310
- **Kids Help Phone:** 1-800-668-6868
or text CONNECT to 686868
- **Mental Health Helpline:**
1-877-303-2642
- **Suicide Prevention Helpline:**
1-833-456-4566

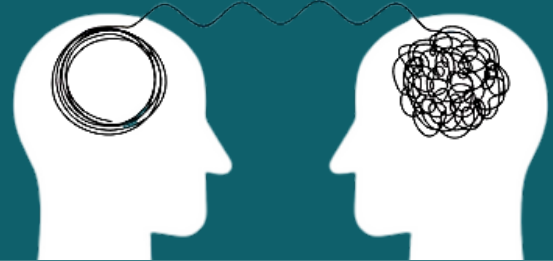
If you are in immediate danger,
please call 911

COUNSELLING SERVICES

Short-term appointments available for:

- Child & youth counselling
- Family & relationship counselling
- Loss & grief counselling
- Counselling for those with illness & their caregivers

*Healing takes time, and asking
for help is a courageous step*



Have something you would like to
add? Email: community@wainfcs.ca