WAINWRIGHT COMMUNITY CONNECTOR

Courtesy of Wainwright & District Family & Community Services





AROUND OUR COMMUNITY

This month we show our Pride and the power of inclusivity! Join The Town of Wainwright in their Annual Stampede, the Pride walk, and more activities around town. There are so many ways that we can learn the tools for being an Ally to our LGBTQ+community and youth. Even by simply learning the meaning behind each letter we can better educate ourselves on becoming positive Allies.

- JUNE 4 @ 1 PM June Jamboree Box car derby, silent auction & BBQ @ Chauvin Sports Grounds
- June 10 @ 6 PM 11 @ 11 AM Fire N Wheels Rally Food, music, rally and show n shine @ Wainwright Legion and Giltedge Hall
- June 20-21 @ 8:30 AM Mental Health First Aid Training (Free)
 Topics cover common mental health concerns in youth and young adults. @ Wainwright Communiplex *Register by June 10th*
- JUNE 21 @ 11 AM Stampede BBQ Fundraiser @ Wainwright Association for Community Living
- June 24-26 Wainwright Stampede Rodeo events @ The Wainwright Stampede grounds

FCS/FRN Program Dates

For monthly event details https://www.wdfcs.ca/events/

June 7 @10:30 am Irma Storytime

June 8 @ 6 pm

Creating a culture of respect and diversity – ZOOM register to receive a link

June 11 @ 11am
Gender Affirming Yoga – PRIDE Day

June 11 @ 1 pm

PRIDE Walk, Face painting, flag making & photobooth

June 20 @ 10:30 am Edgerton Storytime

June 22 @ 10 am

Slack Rodeo – Sparkle tattoos & wagon wheels

June 29 @ 10:30 am Chauvin Storytime

June 30 @ 11:30 am

Join the FRN at the Wainwright
Public Library for their
Summer Kick-off BBQ

For more local event info: https://wainwright.ca/calendar/





COUNSELLING SERVICES

Short-term appointments available for:

- Couples and marriage counselling
- Family counselling
- Loss and grief counselling
- Counselling for those with illness and their caregivers

Please call 780-842-2555 for more info & booking times.



Participants who take this course are well prepared to interact confidently about mental health with the young people in their lives, including at schools, extra-curricular activities, social services, family, friends, and communities.

There is no cost to attend this training; however

registration is required. Register via email to ariel.haubrich@btps.ca





"Love yourself first and everything else falls into line. You really have to love yourself to get anything done in this world."

- Lucille Ball

Need Support?

Wainwright Food Bank Tues & Fri 11-1: 780-842-6989

Child Abuse Hotline: 1-800-387-5437 Family Violence Info Line: 310-1818

Lloydminster Interval Home Crisis Line: 780-875-0966

Lloydminster Men's Shelter: 306-825-3977 Alberta Crisis Supports: 1-877-644-9992 Crisis Text Line: Text <u>CONNECT</u> to 741741 Mental Health Helpline: 1-877-303-2642

Kids Help Phone: 1-800-668-6868 or text CONNECT to 686868

Bullying Helpline: 1-877-352-4497

If you are in immediate danger, please **call 911**



