

# SURVIVAL PREPARATION CHECKLIST

PREPARE A 3 DAY SUPPLY PER PERSON



## FOOD, WATER, MEDICATIONS

- Food and bottled water
- First Aid Supplies
- First Aid Kit
- Medication (Prescription AND non-prescription)

A good rule of thumb is 1 gallon of water per day, per person.

## CLOTHING AND BEDDING

- Clothing for each family member
- Footwear
- Rain Gear
- Blankets
- Sleeping Bags



## TOOLS AND EMERGENCY SUPPLIES

- Waterproof Candles/Lighter/Matches
- Duct Tape
- Extra Keys (House and Vehicle)
- Flashlight (Battery-operated or crank)
- Large Garbage Bags
- Money (cash and coins)
- Paper Towel/Toilet Paper/Hand Towel
- Personal Hygiene Items
- Radio (battery-operated or crank)
- Small camp stove with fuel
- Tools: Shovel, Knife, Scissors, Plastic
- Cutlery, Pliers, Manual Can/Bottle Opener, Screwdriver
- Whistle



## SPECIALTY ITEMS

- Baby Supplies
- Copies of important documents
- Identification

