

Homemade Scented Sachets

These adorable little sachets are perfect for adding a pleasant scent to drawers, closets, or even under your pillow. The best part? They're easy to make, budget-friendly, and fun for both kids and adults! Ready to turn your home into a mini fragrance factory? Let's go!



Materials:

- Fabric scraps (you can use old clothes, pillowcases, or fabric from craft stores)
- Dried lavender, rose petals, or herbs (you can also use rice and essential oils for scent)
- Essential oils (optional for extra fragrance)
- Scissors
- Needle and thread (or fabric glue if you prefer a no-sew version)
- Ribbon or string
- A funnel or spoon (for scooping the dried herbs or filling the sachets)

Instructions:

1. Choose Your Fabric (Let's Get Fancy!)

Dig through your fabric scraps or find some old clothes that could use a new life. Patterns and colors that make you happy are always a good choice—floral prints or polka dots, anyone? Cut the fabric into small squares or rectangles (about 4x4 inches for each sachet, but you can go bigger or smaller if you want).

Pro Tip: Kids, this is where you can choose the coolest or funniest fabric you can find. Think: superhero designs, cute animals, or your favorite colors!

2. Fold and Stitch (Sew, Sew Simple!)

Fold your fabric in half, with the pattern side facing inward (if your fabric has one). If you're using a needle and thread, sew around the edges, leaving one side open for filling. If sewing isn't your thing, you can use fabric glue for a no-sew option. Let it dry completely before moving on!

Grown-up Tip: Adults can help with the sewing, but kids can assist by pressing the fabric down or holding the pieces in place. Teamwork makes the dream work!

3. Time to Add the Smell-Good Magic! (Fill 'Em Up!)

Now the fun really begins! Use your funnel or spoon to scoop the dried lavender, rose petals, or herbs into the open side of your sachet. You can also mix in rice and add a few drops of essential oils (like lavender, peppermint, or eucalyptus) for an extra punch of fragrance.

Kid-Friendly Fun: Kids can mix the dried herbs together or choose which scent they want for their sachet. It's like making a tiny magic potion that smells amazing!

4. Seal the Sachet (Tie It Up with a Bow!)

Once your sachet is filled with fragrant goodness, stitch or glue the last open side shut. If you're using glue, make sure it dries completely before moving forward. For an extra cute touch, tie a ribbon or string around the sachet. You can even leave a little loop to hang it up in a closet or car!

Fun Idea for Kids: Let them pick out colorful ribbons or stickers to decorate their sachets. They'll feel proud of their fancy creations!

5. Enjoy the Scents of Success! (Sniff and Smile!)

Ta-da! Your homemade scented sachets are complete. Now you can place them in drawers, tuck them under your pillow, or gift them to friends and family. Every time someone opens a drawer or catches a whiff of your creation, they'll think of you!